

Week 1 • 07/09, 28/09, 19/10, 16/11, 07/12,

Monday

Option 1 ; - Mac & Cheese with Gammon

Option 2; - Mac & Cheese

Option 3; - Pasta with Tomato Sauce

Vegetables; - Garlic Bread, Peas and Broccoli

Dessert; - Fruit Crumble and Custard



Tuesday

Option 1 ; - Beef Burger

Option 2; - Quorn Burger

Option 3; - Jacket Potato with either Beans, Cheese or Tuna

Vegetables; - Hash Browns and Salad

Dessert; - Fruit and Yoghurt



Wednesday

Option 1 ; - Roast Chicken

Option 2; - Quorn Fillet

Option 3; - Jacket Potato with either Beans, Cheese or Tuna

Vegetables; - Roast Potatoes, Seasonal Vegetables and Gravy.

Dessert; - Fruit Jelly



Thursday

Option 1 ; - BBQ Chicken Pizza

Option 2; - Cheese and Tomato Pizza

Option 3; - Jacket Potato with either Beans, Cheese or Tuna

Vegetables; - Tomato Pasta and Sweetcorn

Dessert; - Gingerbread Cookie



Friday

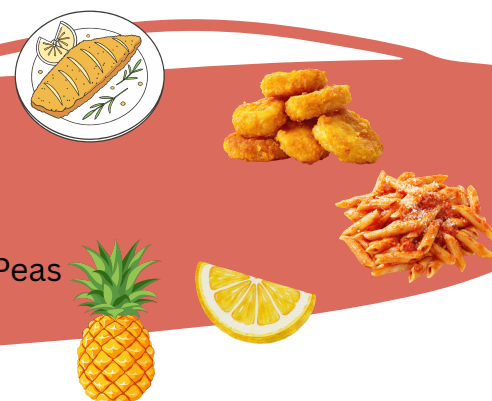
Option 1 ; - Oven Baked Fish

Option 2; - Veggie Nuggets

Option 3; - Pasta with Tomato Sauce

Vegetables; - Chips, Baked Beans & Peas

Dessert; - Pineapple or Lemon Sponge



Fresh Fruit & Yoghurts are available every day for dessert